

ZT Safety Harness

Instructions for correct fitting

 **ztsafetysystems**



ZT Safety Harness

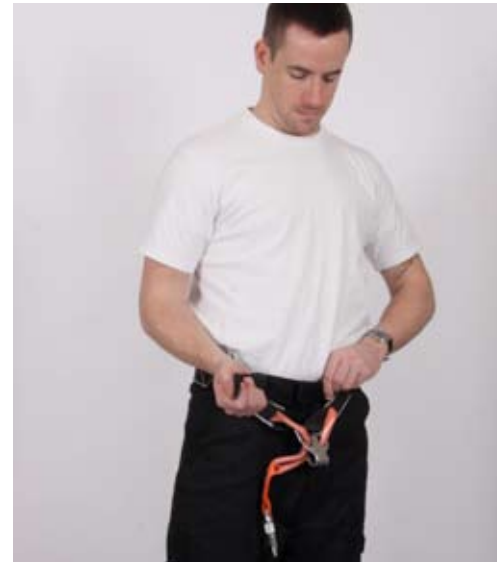
Instructions for correct fitting



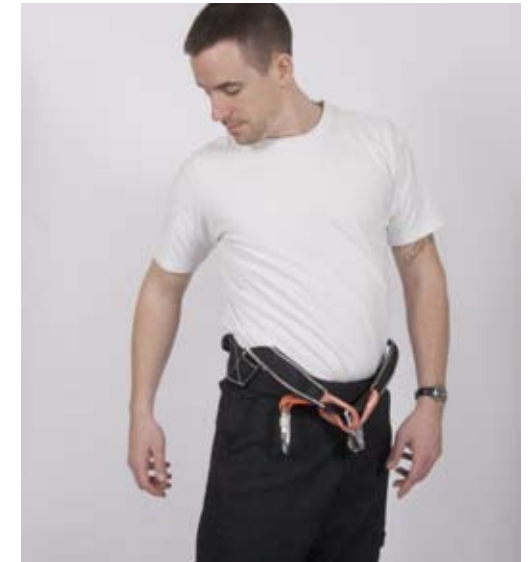
1. Ensure front section of harness hangs to trouser front and rear harness section hangs to rear



2. Step into trousers as normal, ensure feet go through leg gaiter (Leg gaiter shown here)



3. Connect belt buckle and adjust for comfort



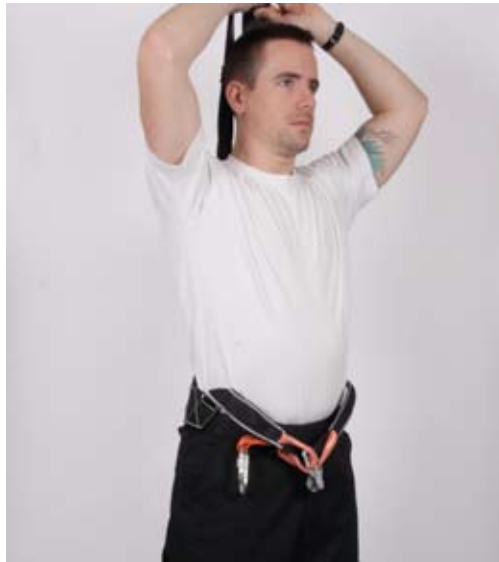
4. Reach for rear section of harness webbing and ZT Clip

ZT Safety Harness

Instructions for correct fitting



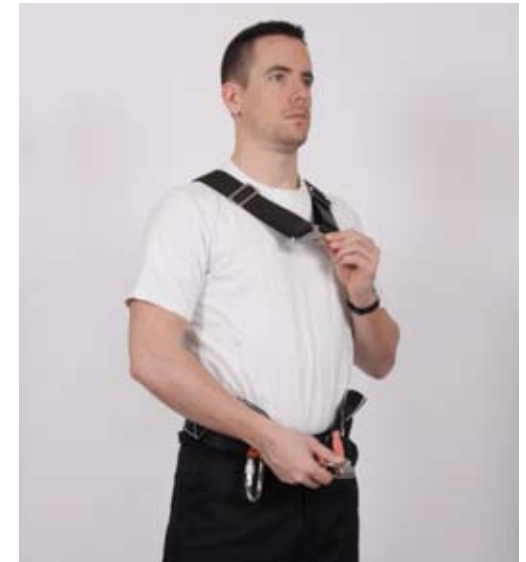
5. Ensure webbing is not twisted



6. Pass over your head



7. Sits on shoulders



8. Connect front and rear sections of harness

ZT Safety Harness

Instructions for correct fitting



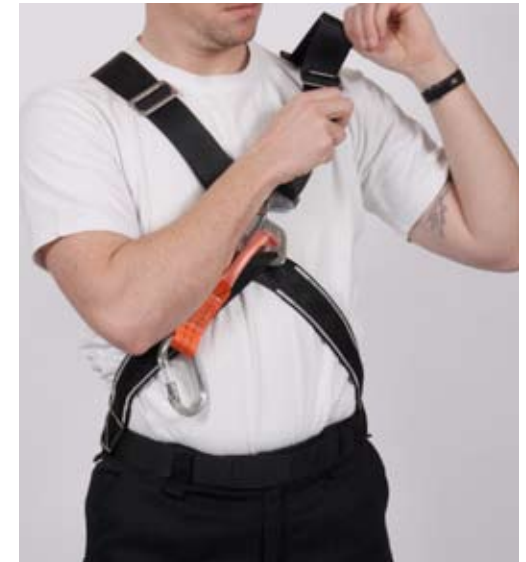
9. Depress safety locking clip



10. Lower section of clip hooks into upper section



11. Adjust shoulder straps for comfort



12. Straps should sit firmly on shoulders without digging in

ZT Safety Harness

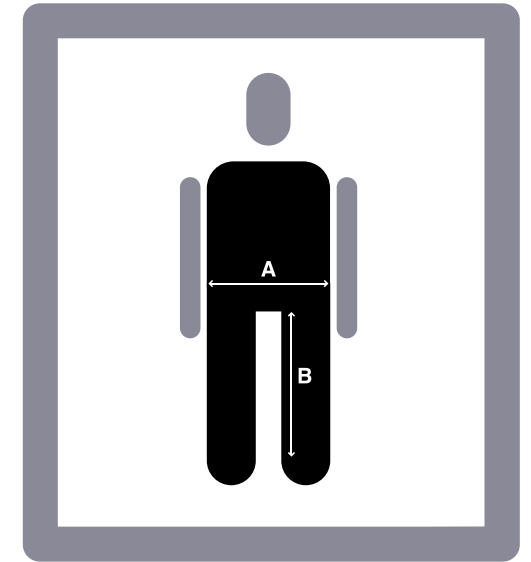
Instructions for correct fitting



13. Velcro is used to attach lanyard terminal to main webbing when not in use



14. How finished fitted harness should appear



When ordering harness, please ensure waist size A is measured around the the tummy NOT the hips. As a guide this should be at least two inches greater than that which you normally regard as your waist size.